

## Weight Management Initiatives

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Food Research Lab has conducted extensive research in this area and offer expert advice in all areas related to satiety, including product development and satiety-related health claims. Satiety Index (SI) is a tool that helps to identify the satisfaction of a person's hunger, or he/she feels like eating more. Satiety is a term that explains the feeling of fullness following consumption and loss of appetite that happens after eating. Food

Research Lab offers expert analysis for a range of products and provides service for new product development. We use a simple, rapid assessment of satiation using Visual Analogue Scale (VAS) questionnaire to measure gut hormones related to appetite following a meal.

## About Us

Food Research Lab R&D, food innovation company, is the unit of Guires. With years of experience in research especially in medical device and pharmaceutical regulations, food product development, scientific publications and clinical trials, the company has now ventured into food research and formed a separate unit, under the brand name of 'Food Research Lab' that will drive food forward. Food Research Lab brings together the latest in food processing equipment, expert food scientists, chefs, nutritionists and partners from across the globe to help food companies and entrepreneurs get their products to market quickly and effectively.

Food Research Lab makes your dream concept into a commercial product as we have strong knowledge of ingredients, processing techniques, and we can bring them all together to help you make the right decisions.

## Contact Us

We are based in the beautiful City of Manchester and Chennai, Contact us on the details provided or follow us on our social platforms.

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